

# Wellbeing & Support in Practice Learning

An event run by ScOPT in conjunction with the  
School of Education and Social Work at the University of Dundee



University  
of Dundee

**Tuesday 26 February 2019**

2.00-5.00pm

Drama Studio, Dalhousie Building  
University of Dundee

ScOPT and Dundee University share the concerns of many regarding the wellbeing of students, educators and workers as we grow the next generation of social work practitioners.

There is an increasing demand that social workers have high emotional intelligence, resilience and self-compassion to equip them for the rigors of their profession.

So, how do we enable them to develop self-awareness, have empathy and manage impact to be healthy and effective practitioners?

**This event will be an opportunity for you to join the conversation and move to action.**

The practice learning community will gather, listen and contribute to this important and dynamic conversation about wellbeing and support. Our key conversationalists will share dialogue and deliberations through their unique perspectives and will include students, educators, practitioners, researchers and writers. There will be opportunity for you to join the conversation at key talking points and together we will capture and convert key learning to actions, to help build a healthier workforce.

**Places are free, but booking is advised –**  
[www.scopt.co.uk/wellbeing](http://www.scopt.co.uk/wellbeing)

## Programme

2.00pm: WELCOME: ScOPT & University of Dundee

2.05pm: Dundee University - Brian Leslie: There can be certain flashpoints during a student's experience of learning through social work education, practice learning being one of the key ones. Brian will explore some of these dilemmas when supporting social work students.

2.30pm: SASW – Trisha Hall will explore some of the findings from recent BASW research on what affects the wellbeing of social work practitioners and some of the landscape within Scotland.

2.55pm: ScOPT AGM

3.10pm Break & Networking:

3.40pm: Fishbowl with participants: ScOPT trustee, final placement student Dundee University, Practice Educator, HR advisor, Dundee University tutor, SASW.

4.45pm: Summary & Finish